



# HYDROLYZED FISH PROTEINS

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# The Nutritious Value of Fish



- a well balanced protein source
- high levels of minerals and trace elements, such as selenium and iodide
- high levels of B-vitamins
- bioactive compounds for biomedicine.

# Bioactive Compounds

- Protein
- Peptides
- Amino acids
- Terpenoids
- Steroids
- Enzymes
- Alkaloids
- Fatty alcohol esters
- Glycolipids etc.



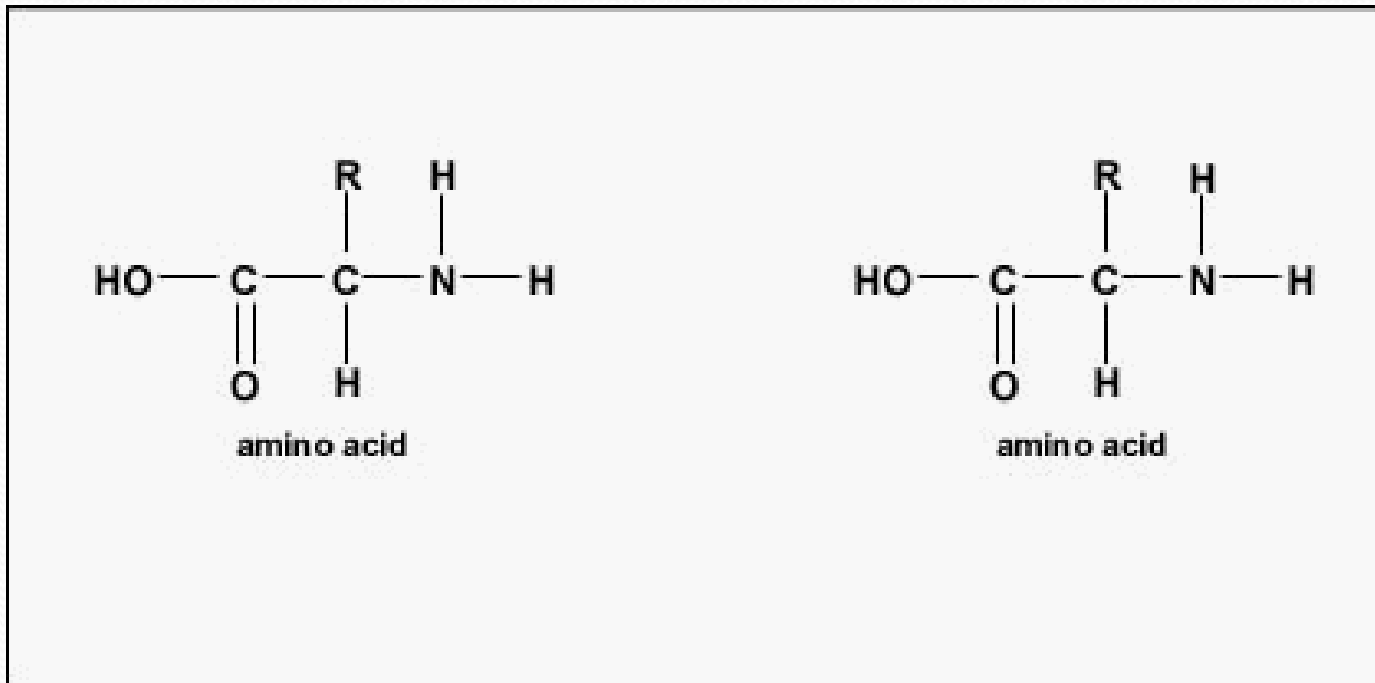
# Protein



- **polymer** of 20  $\alpha$ - amino acids, with mol.wt from 5000 to 1000,000 daltons.
- N is most **distinguished** element: among the composing elements of C, H, N, O, S, for some proteins: P, Cu, Fe, I.
- N content in different proteins ranging from 13.4% - 19.1%, and **averagely 16%**.
- Therefore **protein coefficient** is 6.25 for most proteins. 5.70 is only for wheat and its products proteins according to AOAC method.
- Most abundant component in cells: 50% of dry cells by weight

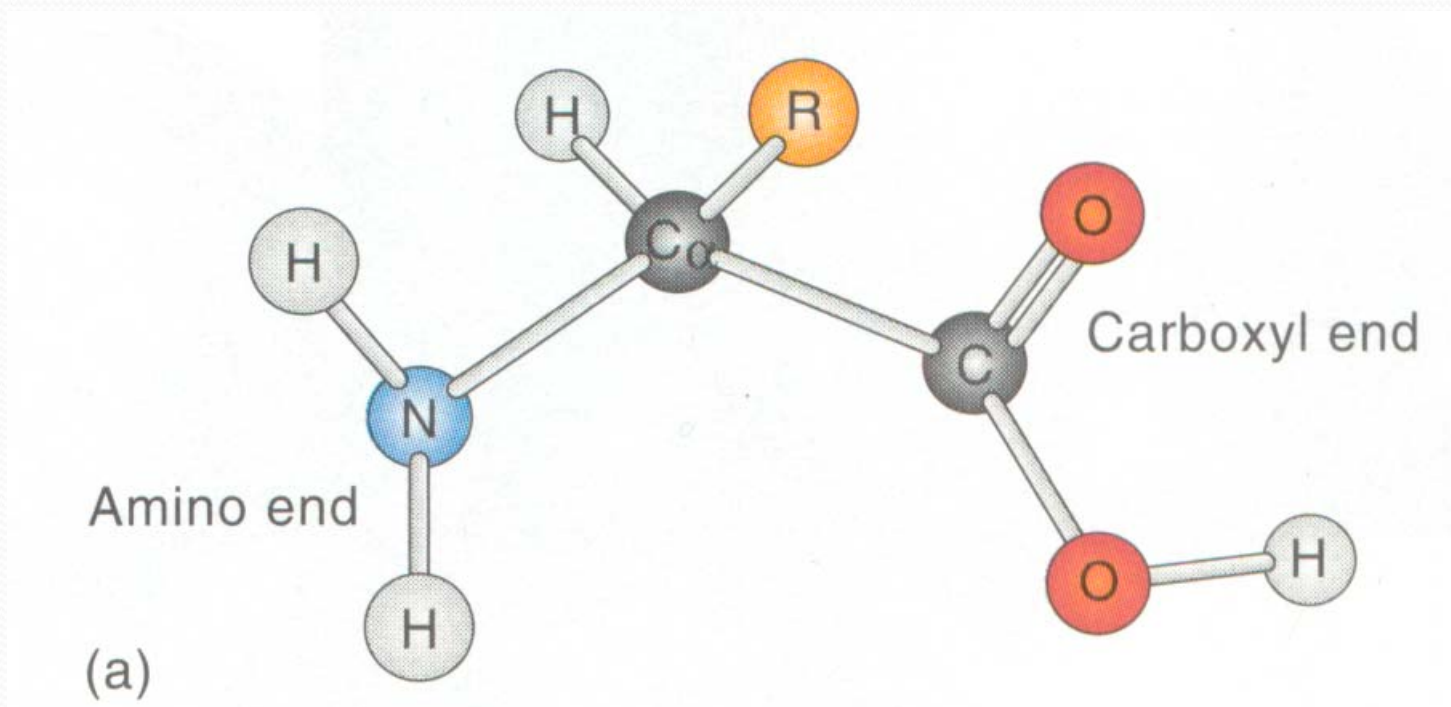
# Peptid

- Aminoacid + Aminoacid  $\longrightarrow$  Peptid



# Amino Acid

- Aminated carboxylic acid (R-COOH)



# Hydrolysis of Protein

## 1. With Acid and Alkali

Protein + HCl + 12-48 hours  $\longrightarrow$  aminoacid

$H_2SO_4$

NaOH

BaOH



## 2. With Enzym

Protein + Pepsin + 30-60 min.  $\longrightarrow$  polypeptid

Tripsin

Papein



# Enzymatic Hydrolysis

- Rapid and reproducible method
- Separate peptide fractions, bones and oils from complex matrices with commercial proteases
- Avoid the extremes of chemical and physical treatments
- Minimize undesirable reactions which could destroy valuable components in proteins .

# Enzymatic Hydrolysis

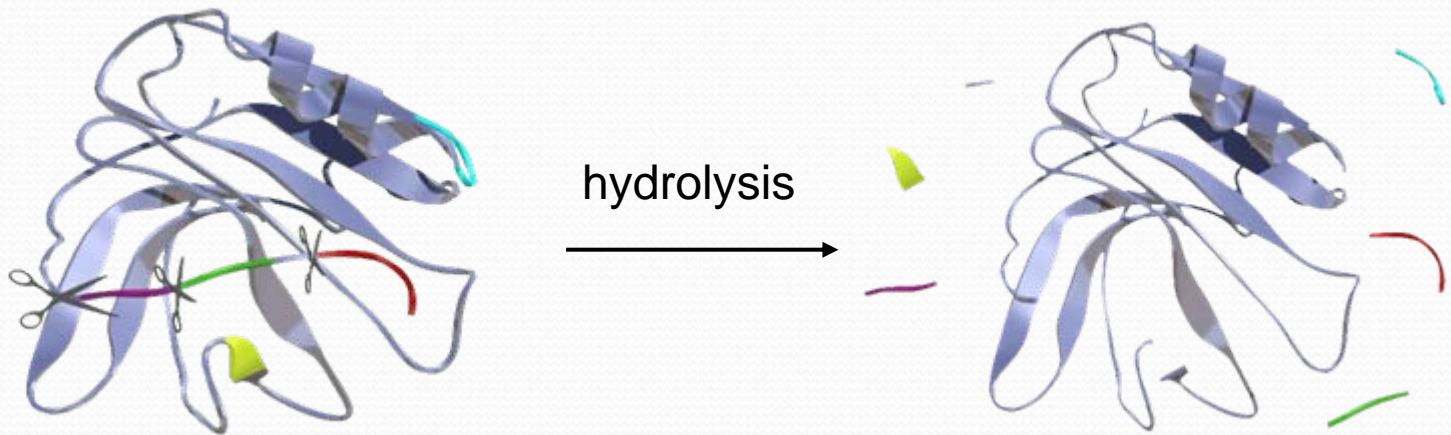
- The fish-raw material: muscle or by-products
- The fish-raw material is divided into a soluble and insoluble peptide fraction following an enzymatic hydrolysis.
- The majority of the hydrolysate liquid is captured within the fish protein hydrolysate fraction, while less is retained in the insoluble peptide fraction.

# Enzymatic Hydrolysis

- The B-vitamins, many of the minerals and trace elements, and some of the amino acids are hydrophilic compounds that possibly might be enriched in the fish protein hydrolysate fraction.
- Also, species to species variation with regard to nutrient content might be present.
- So, it might be valuable to evaluate the two fractions obtained from the enzymatic hydrolysis of raw materials from different species.

# Enzymatic hydrolysis to reduce antigenicity

- protein chains are broken down to peptides & amino acids
- conformational and linear epitopes are neutralised – reduced antigenicity
- nutritional quality preserved
- In non-sensitized at-risk infants, reduced allergenicity
- Infants with diagnosed CMP allergy – hypoallergenic hydrolysates



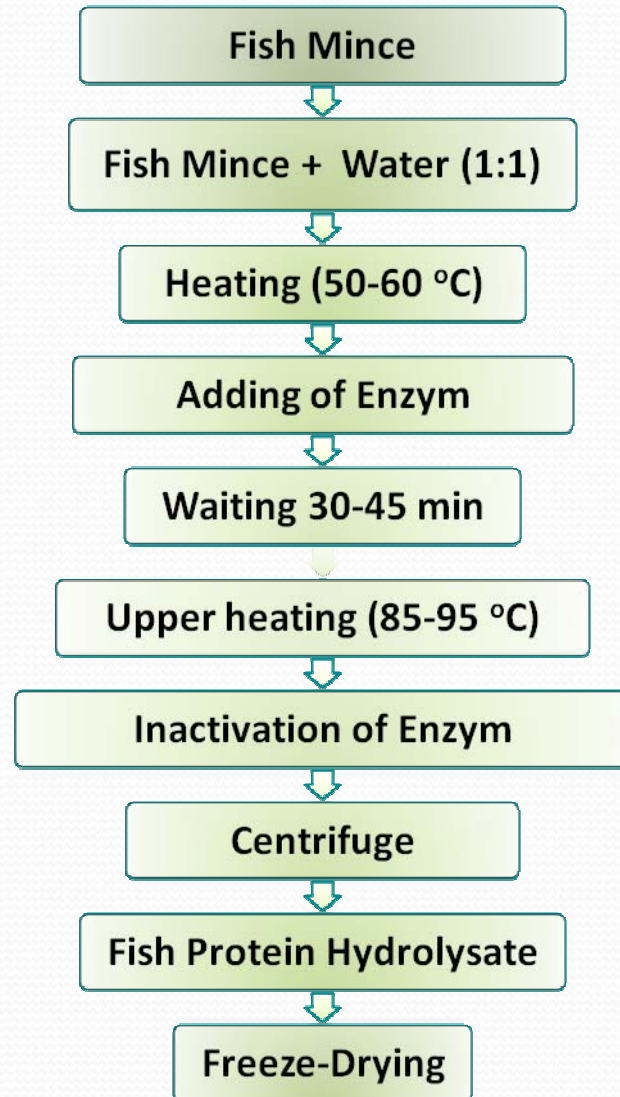
# Enzymes

| Enzymes     | Optimum pH | Optimum T (oC) |
|-------------|------------|----------------|
| Alcalase    | 8          | 50-60          |
| Protamex    | 7-8        | 50             |
| Neutrase    | 7          | 40-50          |
| Flavourzyme | 5.5-7.5    | 50-55          |

# Inactivation of Enzymes

| Enzymes     | pH  | T (oC) | Time (min.) |
|-------------|-----|--------|-------------|
| Alacalase   | 4   | 50     | 30          |
|             | 8   | 85     | 10          |
| Protamex    | 4   | 50     | 30          |
|             | 8   | 85     | 10          |
| Neutrase    | 4   | 50     | 50          |
|             | 7   | 80     | 80          |
| Flavourzyme | 6-8 | 90     | 10          |

# Fish Protein Hydrolysate Production



# Fish Protein Hydrolysate



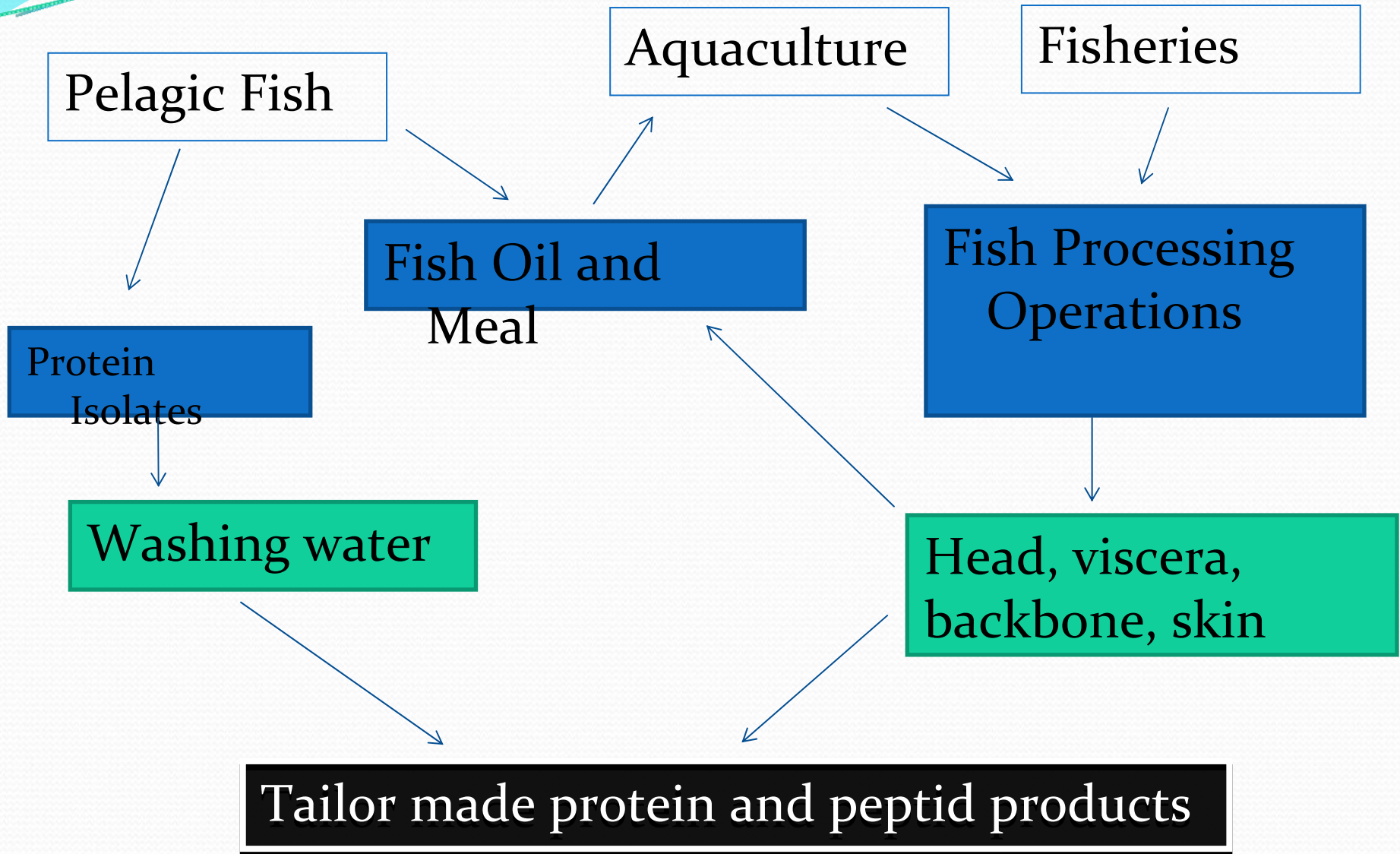
Hydrolysed Protein



Freeze-Dried Hydrolysed Protein



# Raw Material



# Products

High Value Products

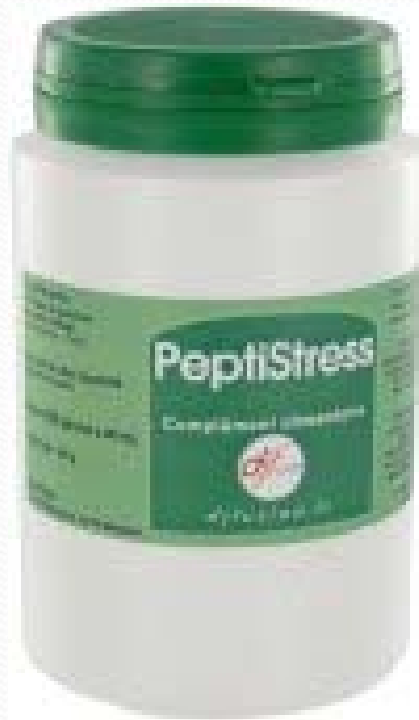
Pastes

Powders



# Products

Nutraceuticals: Antistress Effect



Contain fish protein hydrolysate  
prepared from sardine

# The Potential Applications of Fish Protein Hydrolysates

- improved functional properties

- Solubility →



- Gelation →



- Water holding ability →



- Emulsifying →



- Foaming →



# The Potential Applications of Fish Protein Hydrolysates

- improved nutritional value
- enteral diet formulations
- elderly formulations
- sports nutrition
- controlling food allergies, hyper allergic infants



# The Potential Applications of Fish Protein Hydrolysates

- bioactive peptides in pharmaceutical application for especially blood pressure reduction
- peptone ingredient in microbial growth media in biotechnological applications
- aquaculture uses, animal feed and fertilizer.



# Result

- Global warming and world's economic crises trigger the concern of food shortage and starving. The most challenging struggle of the modern civilization is supplying food satisfactorily for increasing population.
- The current economics of the fishing industry demand optimization at every step of a given process, including the total utilization of raw materials.



# Result

- Hydrolyzed fish proteins are destined to have a widespread application and their production will allow the utilization of vast amounts of fish protein currently being wasted or underutilized.
- Research on fish or fishery by-products demonstrated that they constitute a source of promising health benefits molecules.
- The protein hydrolyzed can be add the other fish product to improve nutritional quality and extend the shelf life of product.



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